



# Caregivers Day Agenda

Tuesday, October 5th

The Grand Hotel Nanaimo

4898 Rutherford Road, Nanaimo

Time	Activity
9:00 AM	Registration & Continental Breakfast
9:45 AM	Welcome & Introduction
10:00 AM	Morning Energy Session
10:15 AM	<b>Workshop:</b> Making a Memory, <i>Presented by Jennifer Edwardson, Scrapbookin' Adventures</i>
11:15 AM	Roundtable Discussions
12:15 PM	Luncheon
1:15 PM	<b>Workshop:</b> Things Financial, Legal & Home Care <i>Presented by Dean Dubyk, Social Worker VIHA</i>
2:15 PM	Afternoon Energy Session
2:30 PM	<u>Information about ALS BC &amp; Services</u>
2:45 PM	<b>Workshop:</b> Compassionate Laughter & Wellness <i>Presented by Denise Armet, Nanaimo Hospice</i>
3:45 PM	Closing Comments

## Special Information:

As a special treat, Teres Mobile Massage will be providing 10 minute chair massages at no charge to attendees. There are limited number of massage spots available (11:30am-1:30pm in 10 minute increments). As you register in the morning you will be invited to sign up for a massage spot. You must be present to sign up.



AMYOTROPHIC LATERAL SCLEROSIS SOCIETY OF BRITISH COLUMBIA

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